



USDA School Lunch Equivalent For: **Lamb's Supreme® Mashed Seasoned M12**

**Fancy - Regular**

**Ingredient Statement:**

Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Butter (Cream, Salt), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Maltodextrin, Onion Powder, Monoglycerides, Garlic Powder, Natural Flavor.

Food Allergens: MILK

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4.34 oz. (123g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 440mg	<b>19%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 0.2mg	2%
Potassium 246mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PROGRAMS			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	
1 LB	7.37	1/4 cup cooked vegetable	

LAMB WESTON EQUIVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.74	1/2 cup cooked vegetable	6.78

LAMB WESTON EQUIVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	88.47	1/2 cup cooked vegetable	1.13

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen, mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

**Cooking Instructions**

**Microwave Oven:** Cook from frozen state for 20 - 24 minutes. Cut 1" slit in center of unopened bag. Heat on Medium-High for half of the total heating time. Rotate bag. Push corners inward. Finish heating. **NOTE:** Ovens may vary, adjust cooking time as needed.

**Boil-In-Bag:** Cook from frozen state for 24-26 minutes. Place unopened bag in boiling water.

**Food Safety:** Product must be cooked thoroughly before eating. **Keep Frozen - Do Not Thaw.** Read and follow the cooking instructions as product must meet a minimum of 165°F (74°C) internal temperature as measured by a food thermometer in several spots.

**Storage and Shelf Life**

PERISHABLE. KEEP FROZEN. STORE AT 0°F (-18°C) OR COLDER.  
Frozen Shelf Life: 24 months.

Approved by:  Sr. Nutritionist Date: July 1, 2019