

USDA K-12 Nutrition Sheet Available



Item #	Description	Case			Nutrition					
		Case Pack	Net Weight (lbs.)	Frozen Servings per case	Creditable Amount	Calories	Sodium (mg)	% Calories from Fat	% Calories from Sat. Fat	% Sugar by Weight
32N	LW Private Reserve® Breakfast Cubes™ Skin-On	6/6	36	252	1/2 Cup	90	220	25%	10%	0%
02143	Lamb's Supreme® All Purpose Hash Browns	6/5	30	106	1/2 Cup	260	500	55%	14%	1%
* 2200D	MunchSkins® Fried Potato Skins	4/4	16	95	1/2 Cup	110	20	29%	8%	0%
24298	TaterBoy® TaterBabies® Wedges	6/5	30	165	1/2 Cup	110	250	41%	12%	0%
24319	TaterBoy® Crispura® Thin Regular Cut	6/6	36	285	1/2 Cup	110	220	41%	12%	0%
24322	TaterBoy® Western Spicy Recipe Crispy QQQ's® Fries	6/5	30	212	1/2 Cup	110	320	41%	12%	0%
24504	TaterBoy® 3/8" Regular Cut Western Spicy Fries	6/5	30	190	1/2 Cup	120	280	38%	11%	0%
33230	Sweet Things® Sweet Potato Roasted Tri-Cut	40	40	388	1/4 Cup	50	35	0%	0%	9%
A10	Lamb's Seasoned Jr. Jo Jo's® Wedge	6/5	30	168	1/2 Cup	100	220	36%	9%	1%
A26	Lamb's Supreme® Tater Roundabouts®	6/5	30	188	1/2 Cup	150	280	48%	12%	0%
A28	Lamb's Seasoned Original Recipe CrispyCubes®	6/6	36	197	1/2 Cup	130	270	42%	10%	1%
A40	Lamb's Seasoned Southern Style Recipe Wedge	6/5	30	162	1/2 Cup	130	330	35%	10%	0%
* AX584	Alexia® Oven Roasted Red Skin Wedge Cut	6/2.5	15	89	1/2 Cup	70	25	19%	0%	0%
AX585	Alexia® Oven Roasted Red Skin Rosemary & Garlic Tri-Cut	6/2.5	15	89	1/2 Cup	90	300	15%	0%	1%
B03	Lamb's Supreme® Tri-Patties®	6/5	30	106	1/2 Cup	220	520	45%	14%	1%
B27	Lamb's Supreme® Fast Browns®	6/3.5	21	74	1/2 Cup	260	490	45%	12%	0%
B43	Lamb's Seasoned Original Recipe Thin Cut	6/5	30	236	1/2 Cup	110	250	49%	12%	0%
B91	Lamb's Seasoned Original Recipe 3/8" Regular Cut	6/5	30	190	1/2 Cup	120	280	38%	11%	0%
C0034	Colossal Crisp® Shoestring Fries	6/4.5	27	203	1/2 Cup	140	240	45%	13%	0%
C0057	Colossal Crisp® 3/8" Regular Cut	6/5	30	186	1/2 Cup	150	270	42%	9%	0%
C26	Lamb's CrispyCoat 5/16" Thin Cut Fries	6/5	30	237	1/2 Cup	100	220	45%	14%	2%
C27	Lamb's Seasoned Original Recipe Wedge Cut	6/5	30	164	1/2 Cup	130	270	42%	10%	0%
C28	CrispyCoat 3/8" Regular Cut Fries	6/5	30	192	1/2 Cup	140	240	45%	10%	0%
D0073	Lamb's Seasoned Original Recipe Twister® Fries	6/5	30	213	1/2 Cup	120	320	45%	11%	0%
D23	Lamb's Seasoned Original Recipe CrissCut®	6/4.5	27	196	1/2 Cup	120	270	45%	11%	0%
D76	Lamb's Supreme® 1/2" Regular Cut Fries	6/5	30	243	1/2 Cup	70	15	26%	6%	0%
E02	Lamb's Supreme® Steak House Fries	6/5	30	210	1/2 Cup	90	20	25%	10%	0%
G5300	Lamb's Supreme® Side O'Browns Parfried Hashbrowns	12/2.81	33.75	120	1/2 Cup	260	500	55%	14%	1%
H30	Lamb's Supreme® Tater Puffs®	6/5	30	190	1/2 Cup	140	280	45%	10%	0%
* J73	Lamb's Supreme® Time Savor® 5/8" Cubes	6/6	36	182	1/2 Cup	70	20	0%	0%	0%
K39	RusEttes® Mini Potato Pancakes	6/3	18	53	1/2 Cup	270	600	53%	15%	0%
L0082	Sweet Things® WaveLength® Fries	3/5	15	74	1/2 Cup	130	360	31%	0%	9%
* L0084	Sweet Things® 3/8" Sweet Potato Crinkle Cut	5/3	15	75	1/2 Cup	140	180	32%	3%	8%
L0089	Sweet Things® 5/16" Sweet Potato Thin Cut Vanilla Sugar F	5/3	15	76	1/2 Cup	160	300	28%	3%	12%
L0090	Sweet Things® CrissCut® Sweet Potato Fries	5/3	15	80	1/2 Cup	150	170	36%	3%	6%
L0091	Sweet Things® 5/16" Thin Regular Cut Sweet Potato Fries	5/3	15	78	1/2 Cup	160	180	25%	3%	8%
L0094	Sweet Things® Mini Tater Puffs®	6/2.5	15	71	1/2 Cup	170	230	21%	0%	17%
L0097	Sweet Things® Savory Seasoned RibCut® Sweet Potato Fri	3/5	15	71	1/2 Cup	180	500	45%	3%	6%
L0098	Sweet Things® Savory Crinkle Cut Slices	3/5	15	71	1/2 Cup	170	480	42%	3%	7%
L0099	Sweet Things® Savory CrispyCubes®	3/5	15	76	1/2 Cup	170	370	37%	3%	6%
L0101	Sweet Things® 3/8" Seasoned Concertinas®	3/5	15	71	1/2 Cup	150	320	36%	3%	8%
L0102	Sweet Things® Savory Seasoned Trim Fries	3/5	15	76	1/2 Cup	170	440	42%	5%	6%

* Meets USDA K-12 2018 Competitive Food Standards

For complete and up-to-date nutritional information, visit lambweston.com

Effective July 1, 2017
Expires June 30, 2018

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L0103	Sweet Things® Seasoned Platter Fries®	3/5	15	78	1/2 Cup	170	290	37%	3%	6%
L8000	Sweet Things® 3/8" x 1/4" Trim Cut Sweet Potato Fries	5/3	15	79	1/2 Cup	180	170	40%	5%	8%
*L8100	Sweet Things® Platter Fries®	5/3	15	79	1/2 Cup	140	170	26%	3%	8%
M0007	Sweet Things® Original Mashed Sweet Potato	12/2	24	90	1/2 Cup	120	45	8%	0%	13%
M0011	Lamb's Supreme® Gold Mashed Potatoes	6/4	24	88	1/2 Cup	100	440	14%	0%	0%
M12	Lamb's Supreme® Seasoned Mashed Potatoes	6/4	24	88	1/2 Cup	100	440	18%	9%	0%
M14	Lamb's Supreme® Lightly Seasoned Mashed Potatoes	6/4	24	88	1/2 Cup	100	440	18%	9%	0%
*M15	Lamb's Supreme® Plain Mashed Potatoes	6/4	24	88	1/2 Cup	80	150	23%	0%	0%
M16	Lamb's Supreme® Original Mashed Potatoes	6/4	24	88	1/2 Cup	80	440	11%	0%	0%
N88	Lamb's Supreme® Homestyle Mashed Potatoes	6/5	30	110	1/2 Cup	110	520	33%	12%	0%
P55	Lamb's CrissCut® Skin-On Fries	6/4.5	27	219	1/2 Cup	90	15	40%	15%	0%
PP50	Park Premium® Puffs Potato Rounds	6/5	30	190	1/2 Cup	140	280	45%	10%	0%
PP52	Park Premium® Tri-Patties®	6/5	30	106	1/2 Cup	220	490	45%	14%	1%
*Q80	Lamb's Skin-On Wedge Cuts	6/5	30	178	1/2 Cup	100	25	23%	9%	0%
R12	Lamb's Seasoned Ranch Recipe Wedge Cut	6/5	30	164	1/2 Cup	120	280	38%	8%	0%
*R45	RusEttes® 1/2" Oven Crinkle Cut Fries	6/5	30	243	1/2 Cup	80	25	28%	0%	0%
*RR41	Rapid Russet 1/2" Crinkle Cut Oven Fries	6/5	30	188	1/2 Cup	100	240	32%	9%	0%
S0003	Stealth Fries® 5/16" Thin Cut Skin-On	6/5	30	242	1/2 Cup	90	190	35%	0%	0%
S0026	Lamb's Supreme® Starz®	6/5	30	190	1/2 Cup	150	280	48%	6%	0%
S12	Stealth Fries® 5/16" Skin-On Thin Cut Fries	6/5	30	262	1/2 Cup	90	190	35%	10%	0%
S14	Stealth Fries® Oven Shoestrings	6/4.5	27	208	1/2 Cup	110	160	41%	0%	0%
S15	Stealth Fries® CrissCut® Skin-On Fries	6/4.5	27	199	1/2 Cup	110	210	37%	8%	0%
S19	Stealth Fries® Skin-On 3/8" Regular Cut	6/5	30	196	1/2 Cup	110	230	29%	8%	0%
*S34	Stealth Fries® 1/4" Shoestrings	6/4.5	27	219	1/2 Cup	90	190	35%	10%	0%
*S35	Stealth Fries® 5/16" Thin Regular Cut	6/5	30	246	1/2 Cup	90	190	35%	10%	0%
S57	Stealth Fries® 3/8" Regular Cut	6/5	30	195	1/2 Cup	110	230	29%	8%	0%
*S69	Lamb's Supreme® IQF Hashbrowns	6/3	18	74	1/2 Cup	90	40	0%	0%	0%
*X01	Generation 7® Breakfast Cubes	6/5	30	178	1/2 Cup	140	180	29%	10%	0%
X12	Generation 7® Thin Regular 5/16" Cut Fries	6/4	24	209	1/2 Cup	110	125	29%	8%	0%
*X14	Generation 7® Concertinas® 1/2" Cut Fries	6/4.5	27	219	1/2 Cup	120	135	34%	11%	0%
*X15	Generation 7® Colossal Crinkle® Fries	6/4.5	27	219	1/2 Cup	120	135	34%	11%	2%
X16	Generation 7® 3/8" Crinkle Cut Fries	6/4	24	194	1/2 Cup	110	135	37%	12%	2%
X23	Generation 7® 3/8" Regular Cut Skin On Fries	6/4.5	27	189	1/2 Cup	120	150	30%	8%	0%
*Y1001	Yukon Selects® Gold 5/16" Regular Cut Fries	6/4.5	27	221	1/2 Cup	90	130	35%	0%	0%

Notes:

of servings rounded down

Percentages rounded up to the nearest whole number