

USDA K-12 Nutrition Sheet Available



Item #	Description	Case			Nutrition					
		Case Pack	Net Weight (lbs.)	Frozen Servings per case	Creditable Amount	Calories	Sodium (mg)	% Calories from Fat	% Calories from Sat. Fat	% Sugar by Weight
02143	Lamb's Supreme® Oval Hash Brown Patties	6/5	30	106	1/2 Cup	260	500	54%	14%	0%
* 2200D	MunchSkins® Fried Potato Skins	4/4	16	95	1/2 Cup	110	20	32%	9%	0%
24298	TaterBoy® Spicy 6 Segment Wedge	6/5	30	165	1/2 Cup	110	250	41%	13%	0%
24319	TaterBoy® Crispura® Thin Regular Cut	6/6	36	285	1/2 Cup	110	220	46%	13%	0%
24322	TaterBoy® Spicy Crispy QQQ's®	6/5	30	212	1/2 Cup	110	320	46%	13%	0%
24504	TaterBoy® Western Spicy 3/8" Regular Cut	6/5	30	190	1/2 Cup	120	280	38%	12%	0%
* 33230	Sweet Things® Roasted Sweet Potato Tri-Cut	40	40	388	1/4 Cup	50	35	0%	0%	9%
32N	LW Private Reserve® Breakfast Cubes	6/6	36	252	1/2 Cup	90	220	23%	10%	0%
A10	Lamb's Seasoned® Jr Jo Jo's	6/5	30	161	1/2 Cup	100	230	35%	9%	1%
A26	Lamb's Supreme® Roundabouts®	6/5	30	188	1/2 Cup	150	280	47%	12%	0%
A28	Lamb's Seasoned® Original Recipe CrispyCubes®	6/6	36	197	1/2 Cup	130	270	39%	14%	1%
A40	Lamb's Seasoned® Southern Style Recipe Wedge	6/5	30	162	1/2 Cup	130	330	35%	11%	0%
* AX584	Alexia® Redskin Wedge Cut	6/2.5	15	89	1/2 Cup	80	25	13%	0%	0%
AX585	Alexia® Oven Roasted Rosemary & Garlic Tri-Cut	6/2.5	15	89	1/2 Cup	90	300	12%	0%	2%
B03	Lamb's Supreme® Tri-Patties®	6/5	30	106	1/2 Cup	220	450	46%	7%	1%
B27	Lamb's Supreme® Fast Browns	6/3.5	21	74	1/2 Cup	250	490	48%	13%	0%
B43	Lamb's Seasoned® Original Recipe Thin Cut	6/5	30	236	1/2 Cup	110	250	46%	13%	0%
B91	Lamb's Seasoned® Original Recipe Regular Cut	6/5	30	190	1/2 Cup	120	280	38%	12%	0%
C0034	Colossal Crisp® Shoestring Fries	6/4.5	27	203	1/2 Cup	140	240	43%	13%	0%
C0057	Colossal Crisp® 3/8" Regular Cut	6/5	30	186	1/2 Cup	150	270	40%	9%	0%
C26	CrispyCoat Thin Regular Cut Fries	6/5	30	237	1/2 Cup	100	220	50%	14%	2%
C27	Lamb's Seasoned® Wedge	6/5	30	167	1/2 Cup	130	260	39%	14%	0%
C28	CrispyCoat Regular Cut Fries	6/5	30	192	1/2 Cup	130	240	47%	11%	0%
D0073	Lamb's Seasoned® Original Recipe Twister®	6/5	30	213	1/2 Cup	120	320	42%	12%	0%
D23	Lamb's Seasoned® Original Recipe CrissCut®	6/4.5	27	198	1/2 Cup	120	260	42%	12%	0%
* D76	Lamb's Supreme® Regular Cut	6/5	30	243	1/2 Cup	70	15	29%	9%	0%
* E02	Lamb's Supreme® Steak House Fries	6/5	30	210	1/2 Cup	90	20	23%	10%	0%
G5300	Lamb's Supreme® Side O'Browns	12/2.81	33.75	120	1/2 Cup	260	500	54%	14%	1%
H30	Lamb's Supreme® Tater Puffs®	6/5	30	190	1/2 Cup	140	280	43%	10%	2%
H40	Lamb's Supreme® Potato Stix	6/4	24	85	1/2 Cup	260	500	47%	14%	0%
* J71	Lamb's Supreme® Time Savor® Soup Dices	6/6	36	182	1/2 Cup	70	0	0%	0%	0%
* J73	Lamb's Supreme® Time Savor® Salad Dices	6/6	36	182	1/2 Cup	70	20	0%	0%	0%
K39	RusEtttes® Mini Potato Pancakes	6/3	18	53	1/2 Cup	260	600	58%	16%	0%
L0082	Sweet Things® Wavelength Fries®	3/5	15	74	1/2 Cup	130	360	31%	0%	9%
* L0084	Sweet Things® Sweet Potato 3/8" Crinkle Cut	5/3	15	75	1/2 Cup	150	120	30%	0%	8%
L0089	Sweet Things® Sweet Potato Vanilla Sugar Fries	5/3	15	75	1/2 Cup	150	300	33%	0%	13%
* L0090	Sweet Things® Sweet Potato CrissCut® Fries	5/3	15	80	1/2 Cup	150	180	33%	0%	6%
* L0091	Sweet Things® Thin Regular Cut Fries	5/3	15	78	1/2 Cup	160	120	25%	0%	9%
* L0094	Sweet Things® Sweet Potato Mini Tater Puffs®	6/2.5	15	71	1/2 Cup	140	160	25%	0%	10%
L0097	Sweet Things® Sweet Potato Seasoned RibCut®	3/5	15	73	1/2 Cup	140	480	33%	0%	6%
L0098	Sweet Things® Sweet Potato Crinkle Cut Slices	3/5	15	71	1/2 Cup	180	480	45%	5%	7%
L0099	Sweet Things® CrispyCubes®	3/5	15	92	1/2 Cup	100	300	25%	0%	9%
L0101	Sweet Things® 3/8" Concertinas®	3/5	15	71	1/2 Cup	160	260	44%	0%	7%
L0102	Sweet Things® Savory Seasoned Trim Fries	3/5	15	76	1/2 Cup	190	460	48%	5%	5%
L0103	Sweet Things® Seasoned Platter Fries®	3/5	15	78	1/2 Cup	160	370	44%	3%	6%

* Meets USDA K-12 2016 Competitive Food Standards

For complete and up-to-date nutritional information, visit lambweston.com

Effective July 1, 2016
Expires June 30, 2017

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L8000	Sweet Things® Sweet Potato Trim Cut Fries	5/3	15	79	1/2 Cup	180	125	39%	0%	9%
*L8100	Sweet Things® Sweet Potato Platter Fries®	5/3	15	79	1/2 Cup	140	130	25%	0%	9%
*M0007	Sweet Things® Sweet Potato Mashed	12/2	24	90	1/2 Cup	120	45	8%	0%	13%
M0011	Lamb's Supreme® Gold Mashed	6/4	24	88	1/2 Cup	100	440	10%	0%	0%
M12	Lamb's Supreme® Seasoned Mashed	6/4	24	88	1/2 Cup	100	440	20%	9%	0%
M14	Lamb's Supreme® Lightly Seasoned Mashed	6/4	24	88	1/2 Cup	100	440	15%	9%	0%
M15	Lamb's Supreme® Low Fat Recipe Mashed	6/4	24	88	1/2 Cup	100	260	10%	0%	0%
M16	Lamb's Supreme® Original Mashed	6/4	24	88	1/2 Cup	80	440	13%	0%	0%
N88	Lamb's Supreme® Homestyle Mashed	6/5	30	110	1/2 Cup	110	520	32%	13%	0%
P55	Lamb's CrissCut® Fries Skin-On	6/4.5	27	219	1/2 Cup	90	15	39%	10%	0%
PP50	Park Premium® Potato Rounds	6/5	30	190	1/2 Cup	140	280	50%	13%	0%
PP52	Park Premium® Potato Triangles	6/5	30	106	1/2 Cup	220	450	46%	7%	1%
*Q80	Lamb's Skin-On Wedge Cuts	6/5	30	178	1/2 Cup	100	25	25%	9%	0%
R12	Lamb's Seasoned® Ranch Recipe Wedge	6/5	30	164	1/2 Cup	120	280	38%	12%	0%
*R45	RusEttes® 1/2" Oven Crinkle Cut Fries	6/5	30	243	1/2 Cup	80	25	32%	0%	0%
*RR41	Rapid Russet 1/2" Oven Crinkle Cut Fries	6/5	30	243	1/2 Cup	80	190	32%	6%	0%
*S0003	Stealth® 5/16" Thin Cut Skin-On	6/6	36	290	1/2 Cup	90	190	34%	0%	0%
*S0007	Lamb's Supreme® Oven Roasted Wedge	6/5	30	178	1/2 Cup	110	180	10%	0%	0%
*S0008	Lamb's Supreme® Oven Roasted Concertinas®	6/5	30	188	1/2 Cup	90	170	12%	0%	0%
*S0009	Lamb's Supreme® Oven Roasted 3/8" Seasoned	6/5	30	210	1/2 Cup	90	150	12%	0%	0%
S0026	Lamb's Supreme® Starz®	6/5	30	190	1/2 Cup	150	280	54%	6%	0%
*S12	Stealth®Skin-On Thin Cut Fries	6/5	30	243	1/2 Cup	90	190	34%	10%	0%
S14	Stealth® Ovenable Shoestrings	6/4.5	27	208	1/2 Cup	110	160	41%	0%	0%
S15	Stealth® CrissCut® Fries	6/4.5	27	199	1/2 Cup	110	210	37%	13%	0%
*S19	Stealth® Skin-On Regular Cut	6/5	30	196	1/2 Cup	110	230	28%	9%	0%
*S34	Stealth® Shoestrings	6/4.5	27	219	1/2 Cup	90	190	34%	10%	0%
*S35	Stealth® 5/16" Thin Cut	6/5	30	243	1/2 Cup	90	190	34%	10%	0%
S57	Stealth® 3/8" Regular Cut	6/5	30	195	1/2 Cup	110	230	28%	9%	0%
*S69	Lamb's Supreme® IQF Hash Browns	6/3	18	74	1/2 Cup	90	40	0%	0%	0%
*X01	Generation 7® Breakfast Cubes	6/5	30	178	1/2 Cup	140	180	29%	7%	0%
X11	Generation 7® Shoestrings	6/4	24	209	1/2 Cup	110	125	41%	0%	0%
*X12	Generation 7® Thin Regular Cuts	6/4	24	209	1/2 Cup	100	125	35%	0%	0%
*X13	Generation 7® Regular Cut Fries	6/4.5	27	189	1/2 Cup	130	150	31%	0%	0%
*X14	Generation 7 Concertinas 1/2" Crinkle Cut Fries	6/4.5	27	219	1/2 Cup	120	135	34%	0%	0%
*X15	Generation 7® Colossal Crinkle®	6/4.5	27	219	1/2 Cup	120	135	34%	0%	2%
X16	Generation 7® Crinkle Cut Fries	6/4	24	194	1/2 Cup	110	135	37%	0%	0%
*X23	Generation 7® Regular Cut Skin On Fries	6/4.5	27	189	1/2 Cup	120	150	30%	8%	0%
X30	Generation 7® Crinkle Wedges	6/5	30	178	1/2 Cup	130	180	31%	11%	0%
*Y1001	Yukon Selects® Thin Regular Cut Fries	6/4.5	27	221	1/2 Cup	100	130	30%	0%	0%

Notes:

of servings rounded down

Percentages rounded up to the nearest whole number