



USDA School Lunch Equivalent For: **Lamb's Seasoned Southern Style Recipe Wedge Cut A40**

**Long Fancy - Seasoned**

**Ingredient Statement:**

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Starch, Salt, Modified Corn Starch, Spices, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrin, Garlic Powder, Yeast Extract, Torula Yeast, Onion Powder, Natural Butter Flavor (Milk), Oleoresin Paprika, Dextrose.

**Food Allergens: WHEAT, MILK**

| <b>Nutrition Facts</b>        |                       |
|-------------------------------|-----------------------|
| <b>Serving size</b>           | <b>2.95 oz. (84g)</b> |
| <b>Amount per serving</b>     |                       |
| <b>Calories</b>               | <b>130</b>            |
| <b>% Daily Value*</b>         |                       |
| <b>Total Fat</b> 5g           | <b>6%</b>             |
| Saturated Fat 1.5g            | <b>8%</b>             |
| Trans Fat 0g                  |                       |
| <b>Cholesterol</b> 0mg        | <b>0%</b>             |
| <b>Sodium</b> 330mg           | <b>14%</b>            |
| <b>Total Carbohydrate</b> 18g | <b>7%</b>             |
| Dietary Fiber 2g              | <b>7%</b>             |
| Total Sugars 0g               |                       |
| Includes 0g Added Sugars      | <b>0%</b>             |
| <b>Protein</b> 2g             |                       |
| Vitamin D 0mcg                | <b>0%</b>             |
| Calcium 17mg                  | <b>2%</b>             |
| Iron 1mg                      | <b>6%</b>             |
| Potassium 280mg               | <b>6%</b>             |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| USDA FOOD BUYING GUIDE FOR CHILD NUTRITION<br>PRODUCT: (pg.2-68 ) |                                  |                                     |                                      |
|---|----------------------------------|-------------------------------------|--------------------------------------|
| USDA PURCHASED UNIT   | USDA SERVINGS PER PURCHASED UNIT | USDA SERVINGS PER MEAL CONTRIBUTION | USDA PURCHASED UNIT FOR 100 SERVINGS |
| 1 LB  | 11.9                             | 1/4 cup cooked vegetable            | 8.5                                  |

| LAMB WESTON EQUIVALENT PER BAG PRODUCT: |                                  |                                     |                                      |
|---|----------------------------------|-------------------------------------|--------------------------------------|
| PURCHASED UNIT                          | USDA SERVINGS PER PURCHASED UNIT | USDA SERVINGS PER MEAL CONTRIBUTION | USDA PURCHASED UNIT FOR 100 SERVINGS |
| 5 LB                                    | 27.11                            | 1/2 cup cooked vegetable            | 3.68                                 |

| LAMB WESTON EQUIVALENT PER CASE PRODUCT: |                                  |                                     |                                      |
|--|----------------------------------|-------------------------------------|--------------------------------------|
| PURCHASED UNIT                           | USDA SERVINGS PER PURCHASED UNIT | USDA SERVINGS PER MEAL CONTRIBUTION | USDA PURCHASED UNIT FOR 100 SERVINGS |
| 30 LB                                    | 162.71                           | 1/2 cup cooked vegetable            | 0.61                                 |

| Description of Creditable Ingredient per Food Buying Guide (FBG) | Vegetable Subgroup | Ounces per Raw Portion of Creditable Ingredient | Multiply | FBG Yield/ Purchased Unit | Creditable Amount (quarter cup) |
|--|--------------------|---|----------|---------------------------|---------------------------------|
| Potato, Frozen, Wedge  | Starchy            | 2.69 oz.  | X        | 11.9/16                   | 2.00                            |

I certify the above information is true and correct and that 2.95 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

**Cooking Instructions**

**Conventional Oven:** Pre-heat oven to 400°F. Minimum cook weight 1.5 lb. Arrange product in a single layer.

Bake 22-27 minutes or until light golden in color.

**Convection Oven:** Pre-heat oven to 400°F. Minimum cook weight 1.5 lb. Arrange product in a single layer.

Bake 11-14 minutes or until light golden in color.

Perishable. Keep frozen - DO NOT THAW. Store at 0°F (-18°C) or colder. PRODUCT MUST BE COOKED THOROUGHLY. Product must reach a minimum of 165°F (74°C) internal temperature as measured by a food thermometer in several spots.

**Storage and Shelf Life**

PERISHABLE. KEEP FROZEN. STORE AT 0°F (-18°C) OR COLDER.

Frozen Shelf Life: 24 months.

Approved by:  Sr. Nutritionist Date: July 1, 2017